Please make sure your grade level group is correct on your menu and input your counts to the left of each meal you want to order. Please refer to bottom of menu for menu selection policies.

School Name: TEACH Academy of Technologies 10045 Site

Grades:		TEACH Academy					_			I II. I I 1/2/2025
K - 8	February 2025 Master Menu Last Updated: 1/2/2025 At 9:30 am									
Week 1 Options	Red & Orange		Starchy		Dark Green		Beans & Peas		Other Veggies	
,		2/3/2025		2/4/2025		2/5/2025		2/6/2025		2/7/2025
Breakfast	0	Banana Muffin	0	Cinnamon French Toast	0	Turkey Breakfast Sandwich Cinnamon Toast Crunch & WG	0	Egg & Cheese English Muffin	120	Yogurt & Graham Crackers
Breakfast	120	Lucky Charms & WG Crackers	120	Bagel & Jelly	120	Crackers	120	Bagel & Jelly	0	Blueberry Muffin
Hot Meal	60	Hamburger w/sweet potato (3/4c)	60	Chicken Parmesan Pasta w/sweet corn medley (3/4c)	60	Creamy Chipotle Chicken Pasta w/mixed vegetables (1c)	140	Beef & Cheese Nachos w/fiesta beans & corn (3/4c)	120	Buffalo Chicken Mac & Cheese w/mixed vegetables (1c)
Hot Meal	40	Lemon Garlic Chicken w/cilantro rice (3/4c) & glazed peas & carrots (3/4c)	60	BBQ Chicken on a HB Bun w/sweet corn medley (3/4c)	0	Southwestern Chicken w/brown rice (3/4c) & mixed vegetables (1c)	0	Beef Mediterranean Bowl w/brown rice (3/4c) & white beans (3/4c)	0	Mongolian Chicken Bowl w/brown rice (3/4c) & stir fry vegetables (1c)
Hot Vegetarian	1	Black Bean Burger w/carrot sticks (3/4c)	1	Spaghetti & Cheese Marinara w/sweet corn medley (3/4c)	60	Creamy Chipotle Cheese Pasta w/mixed vegetables (1c)	1	Cheese Quesadilla w/spanish rice (1/2c) & fiesta beans & corn (3/4c)	1	Three Cheese Mac & Cheese w/mixed vegetables (1c)
Cold Meal	0	Ham and Cheese Bagel Sandwich	0	Cilantro Chicken Hoagie Sandwich	0	Turkey & Cheese Panini w/broccoli &	0	Greek Chicken Hummus Tortilla Wrap	0	BBQ Chicken Hoagie Sandwich
Cold Pastas	0	w/carrot sticks (3/4c) Asian Chicken Pasta Salad	0	w/garden corn salad (3/4c) Fiesta Chicken Pasta Salad	0	carrots (1c) Chicken Pasta Primavera Salad	0	w/cilantro bean salad (3/4c) Cilantro Chicken Pasta Salad	0	w/carrot sticks (3/4c) Ham Macaroni Pasta Salad
Cold Vegetarian	1	Parmesan Cheese Pasta Salad w/carrot	1	Bean & Cheese Torta w/garden corn	1	Cajun Cheese Pasta Salad w/broccoli &	1	Caprese Sandwich w/cilantro bean salad	1	Garlic Pesto Cheese Pasta Salad
	40	sticks (3/4c) Caesar Chicken Salad with a Wheat	20	salad (3/4c) Mediterranean Chicken Salad with a	20	carrot sticks (1c) Chef Turkey & Ham Salad with a Wheat	0	(3/4c) Santa Fe Chicken Salad with a Wheat	20	w/carrot sticks (3/4c) Chinese Chicken Salad with a Wheat
Daily Salad	0	Dinner Roll	0	Wheat Dinner Roll	0	Dinner Roll	0	Dinner Roll	0	Dinner Roll
Snack NOTES	0	Oatmeal Cookie (S)	0	Strawberry Muffin (S)	0	Scooby-Doo Crackers	0	Goldfish Crackers	0	Cereal Bar (S)
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Week 2 Options	Red & Orange		Starchy		Dark Green		Beans & Peas		Other Veggies	
Breakfast	0	2/10/2025 Vanilla Muffin	0	2/11/2025 Breakfast Pizza Flatbread	0	2/12/2025 Turkey Breakfast Sandwich	0	2/13/2025	1.40	2/14/2025 Mexican Concha
Breakfast Breakfast	120	Trix & WG Crackers	120	Bagel & Jelly	120	: Multi Grain Cheerios & WG Crackers	0 140	Pancakes (2) Coffee Cinnamon Crumble	140	Bagel & Jelly
Hot Meal	0	Hamburger w/sweet potato (3/4c)	0	Sloppy Joe on a HB Bun w/tater tots	60	Beef Teriyaki Chow Mein Bowl w/stir	140	Chicken Nuggets w/cornbread & bbq	S	Beef, Bean & Cheese Burrito w/carrot
Hot Meal	120	Turkey Hot Dog on a Bun w/sweet	60	(3/4c) Beef Alfredo Rosa Pasta w/sweet corn	0	fry vegetables (1c) Beef Marinara Baked Ziti Bowl w/green	20	baked beans (3/4c) Creamy Chicken Chipotle w/cilantro	PIZZAS	sticks (1/2c) Poblano Green Beef Pasta w/mixed
	1	potato (3/4c) Black Bean Burger w/sweet potato		medley (3/4c) Cheese Alfredo Rosa Pasta w/sweet corn		salad (1c) Cheesy Marinara Baked Ziti Bowl		rice (3/4c) & fiesta beans & corn (3/4c) Cheese Quesadilla w/spanish rice (1/2c)	ΡĽ	vegetables (1c) Poblano Green Cheese Pasta w/mixed
Hot Vegetarian	1	(3/4c) Turkey & Cheese Hoagie Sandwich	60	medley (3/4c)	60	w/green salad (1c) Caesar Chicken Tortilla Wrap	1	& fiesta beans & corn (3/4c)	CHEESE	vegetables (1c) Creamy Basil Chicken Hoagie
Cold Meal	0	w/carrot sticks (3/4c)	0	Roasted Pepper Chicken Hoagie Sandwich w/garden corn salad (3/4c)	0	w/broccoli & carrots (1/2c)	0	Ham and Cheese Panini w/kidney bean salad (3/4c)	呂	Sandwich w/carrot sticks (3/4c)
Cold Pastas	0	Asian Chicken Pasta Salad	0	Fiesta Chicken Pasta Salad Bean & Cheese Torta w/garden corn	20	Chicken Pasta Primavera Salad Esquite Cheese Pasta Salad w/broccoli	0	Cilantro Chicken Pasta Salad	H	Ham Macaroni Pasta Salad Cajun Cheese Pasta Salad w/carrot
Cold Vegetarian	1	Marinara Cheese Pasta Salad w/carrot sticks (3/4c)	1	salad (3/4c)	1	& carrot sticks (1c)	1	Caprese Sandwich w/kidney bean salad (3/4c)	35 (sticks (3/4c) Chinese Chicken Salad with a Wheat
Daily Salad	20	Caesar Chicken Salad with a Wheat Dinner Roll	20	Mediterranean Chicken Salad with a Wheat Dinner Roll	0	Chef Turkey & Ham Salad with a Wheat Dinner Roll	0	Santa Fe Chicken Salad with a Wheat Dinner Roll		Chinese Chicken Salad with a Wheat Dinner Roll
Snack	0	Scooby-Doo Crackers	0	Banana Muffin (S)	0	Oatmeal Cookie (S)	0	Strawberry Chex Mix	0	Goldfish Pretzel
NOTES										
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I Week 2 Ontions		Red & Orange		Starchy		Dark Green		Beans & Peas		Other Veggies
Week 3 Options		Red & Orange 2/17/2025		Starchy 2/18/2025		2/19/2025		Beans & Peas 2/20/2025		Other Veggies 2/21/2025
Breakfast	7	2/17/2025 Strawberry Muffin	0	2/18/2025 Sausage English Muffin	0	2/19/2025 Turkey Breakfast Sandwich	0	2/20/2025 Breakfast Chilaquiles	140	2/21/2025 Yogurt & Graham Crackers
Breakfast Breakfast	AY	2/17/2025 Strawberry Muffin Rice Chex & WG Crackers	120	2/18/2025 Sausage English Muffin Bagel & Jelly	120	2/19/2025 Turkey Breakfast Sandwich Coco Puffs & WG Crackers	120	2/20/2025 Breakfast Chilaquiles Bagel & Jelly	0	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin
Breakfast	DAY	2/17/2025 Strawberry Muffin Rice Chex & WG Crackers Orange Chicken Bowl w/brown rice (3/4c) & stir fry vegetables (1c)	120 60	2/18/2025 Sausage English Muffin Bagel & Jelly Breaded Chicken Patty on a HB Bun w/sweet corn medley (3/4c)	120 40	2/19/2025 Turkey Breakfast Sandwich Coco Puffs & WG Crackers Hawaiian Chicken w/brown rice (3/4c) & mixed vegetables (1c)	120 140	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos	120	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c)
Breakfast Breakfast	SD	2/17/2025 Strawberry Muffin Rice Chex & WG Crackers Orange Chicken Bowl w/brown rice	120	2/18/2025 Sausage English Muffin Bagel & Jelly Breaded Chicken Patty on a HB Bun	120	2/19/2025 Turkey Breakfast Sandwich Coco Puffs & WG Crackers Hawaiian Chicken wbrown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chicken Pasta w/green	120	2/20/2025 Breakfast Chilaquiles Bagel & Jelly	0	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin
Breakfast Breakfast Hot Meal	SD	2/17/2025 Strawberry Muffin Rice Chex & WG Crackers Orange Chicken Bowl wbrown rice (3/4c) & stir fry vegetables (1/c) Chicken, Bean & Cheese Burrito w/carrot sticks (1/2c) Vegetable Fried Rice w/stir fry	120 60	2/18/2025 Sausage English Muffin Bagel & Jelly Breaded Chicken Patty on a HB Bun w/sweet corn medley (3/4c)	120 40	2/19/2025 Turkey Breakfast Sandwich Coco Puffs & WG Crackers Hawaiian Chicken w/brown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chicken Pasta w/green salad (1c) Creamy Tuscan Cheese Pasta w/green	120 140	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos Chicken Tamal w/fiesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c)	120	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicken Alfredo Baked Ziti Bowl w/mixed vegetables (1c) Cheesy Alfredo Baked Ziti Bowl
Breakfast Breakfast Hot Meal Hot Meal Hot Vegetarian	SD	2/17/2025 Strawberry Muffin Rice Chex & W.G. Crackers Orange Chicken Bowl wbrown rice (3/4c) & stir fry vegetables (1c) Chicken, Bean & Cheese Burrito w/carrot sticks (1/2c) Vegetable Fried Rice w/stir fry vegetables (1c) Cilantro Chicken Hoagie Sandwich	120 60 0	2/18/2025 Sausage English Muffin Bagel & Jelly Breaded Chicken Patty on a HB Bun w/sweet corn medley (3/4c) Beefaroni w/sweet corn medley (3/4c) Checsaroni w/sweet corn medley (3/4c) Ham and Cheese Bagel Sandwich	40 40 40 40	2/19/2025 Turkey Breakfast Sandwich Coco Puffs & WG Crackers Hawaian Chicken whrown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chicken Pasta wigreen salad (1c) Creamy Tuscan Chesee Pasta wigreen salad (1c) Turkey & Chesee Panini wibroccoli &	120 140 0	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos Chicken Tamal Wfiesta beans & corn (3/4c) Fresco Beef Bowl Wicliantro rice (3/4c) & fiesta beans & corn (3/4c) Chinese Chicken Torilla Wrap	0 120 0	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicken Alfredo Baked Ziti Bowl w/mixed vegetables (1c) Cheesy Alfredo Baked Ziti Bowl w/mixed vegetables (1c) BBQ Chicken Hoagie Sandwich
Breakfast Breakfast Hot Meal Hot Meal Hot Vegetarian Cold Meal	SD	2/17/2025 Strawberry Muffin Rice Chex & WG Crackers Orange Chicken Bowl whrown rice (3/4c) & stir fry vegetables (1e) Chicken, Bean & Cheese Burrito w/carrot sticks (1/2c) Vegetable Fried Rice w/stir fry vegetables (1c) Clantro Chicken Hoagie Sandwich w/carrot sticks (3/4c)	120 60 0 0	2/18/2025 Sausage English Muffin Bagel & Jelly Breaded Chicken Party on a HB Bun w/sweet corn medley (3/4c) Beefaroni w/sweet corn medley (3/4c) Cheesaroni w/sweet corn medley (3/4c) Ham and Cheese Bagel Sandwich w/garden corn salad (3/4c)	120 40 40 40 40	2/19/2025 Turkey Breakfast Sandwich Coco Puffs & WG Crackers Hawaiian Chicken whrown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chicken Pasta w/green salad (1c) Creamy Tuscan Cheese Pasta w/green salad (1c) Turkey & Cheese Panini w/broccoli & carrots (1c)	120 140 0 0	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4e) Dip Nachos Chicken Tamal w/fiesta beans & corn (3/4e) Fresco Beef Bowl w/cilantor rice (3/4c) & fiesta beans & corn (3/4c) Chinese Chicken Tortilla Wrap w/cilantro bean salad (3/4e)	0 120 0 1	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicken Alfredo Baked Ziti Bowl w/mixed vegetables (1c) Cheesy Alfredo Baked Ziti Bowl w/mixed vegetables (1c) BBQ Chicken Hoagie Sandwich w/carot sticks (3/4c)
Breakfast Breakfast Hot Meal Hot Meal Hot Vegetarian Cold Meal Cold Pastas	SIDENT'S D	2/17/2025 Strawberry Muffin Rice Chex & WG Crackers Orange Chicken Bowl w/brown rice (3/4c) & stir fry vegetables (1c) Chicken Bean & Cheese Burrito w/carrot sticks (1/2c) Vegetable Fried Rice w/stir fry vegetables (1c) Clantro Chicken Hoagie Sandwich w/carrot sticks (3/4c) Asian Chicken Pasta Salad Garlie Pesto Cheese Pasta Salad Garlie Pesto Cheese Pasta Salad	120 60 0	2/18/2025 Sausage English Muffin Bagel & Jelly Breaded Chicken Patry on a HB Bun w/sweet corn medley (3/4c) Beefaroni w/sweet corn medley (3/4c) Cheesaroni w/sweet corn medley (3/4c) Ham and Cheese Bagel Sandwich w/garden corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/garden corn	40 40 40 40	2/19/2025 Turkey Breakfast Sandwich Coco Puffs & WG Crackers Hawaiian Chicken whrown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chicken Pasta w/green sallad (1c) Creamy Tuscan Cheese Pasta w/green sallad (1c) Turkey & Cheese Panini w/broccoli & carrots (1c) Cricken Pasta Primavera Salad Marinara Cheese Pasta Sallad Marinara Cheese Pasta Sallad	120 140 0	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos Chicken Tamal w/fiesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Chinese Chicken Tortilla Wrap w/cilantro bean salad (3/4c) Cilantro Chicken Pasta Salad Caprese Sandwich w/cilantro bean salad	0 120 0 1 0	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicken Alfredo Baked Ziti Bowl w/mixed vegetables (1c) Cheesy Alfredo Baked Ziti Bowl w/mixed vegetables (1c) BBQ Chicken Hoagie Sandwich w/earrot stucks (3/4c) Ham Macaroni Pasta Salad Parmesan Cheese Pasta Salad w/acrot
Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal Cold Pastas Cold Vegetarian	SIDENT'S D	2/17/2025 Strawberry Muffin Rice Chee & W.G Crackers Orange Chicken Bowl wbrown rice (3/4c) & stir fry vegetables (1c) Chicken, Bean & Cheese Burrito w/carrot sticks (1/2c) Vegetable Fried Rice wistir fry vegetables (1c) Cilantro Chicken Hoagie Sandwich w/carrot sticks (3/4c) Asian Chicken Pasta Salad	120 60 0 0 60 20	2/18/2025 Sausage English Muffin Bagel & Jelly Breaded Chicken Patty on a HB Bun w/sweet corn medley (3/4c) Beefaroni w/sweet corn medley (3/4c) Cheesaroni w/sweet corn medley (3/4c) Ham and Cheese Bagel Sandwich w/garden corn salad (3/4c) Fiesta Chicken Pasts Salad	120 40 40 40 0 20	2/19/2025 Turkey Breakfast Sandwich Coco Puffs & WG Crackers Hawaiian Chicken whrown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chicken Pasta wigreen salad (1c) Creamy Tuscan Chesee Pasta wigreen salad (1c) Turkey & Chesee Pantini whroecoli & carrots (1c) Chicken Pasta Primayeera Salad	120 140 0 0 0 0	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos Chicken Tamal w/fiesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Chinese Chicken Tortilla Wrap w/cilantro bean salad (3/4c) Cilantro Chicken Pastila Salad	0 120 0 1 0 0 21	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicken Alfredo Baked Ziri Bowl w/mixed vegetables (10) Cheesy Alfredo Baked Ziri Bowl w/mixed vegetables (1c) BBQ Chicken Hoagie Sandwich w/carrot sticks (3/4c) Ham Maearoni Pasta Salad
Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad	SD	2/17/2025 Strawberry Muffin Rice Chex & WG Crackers Orange Chicken Bowl whrown rice (3/4c) & stir fry vegetables (1e) Chicken, Bean & Cheese Burrito w/carrot sticks (1/2c) Vegetable Fried Rice w/stir fry vegetables (1c) Clantro Chicken Hoagie Sandwich w/carrot sticks (3/4c) Asian Chicken Pasta Salad Asian Chicken Pasta Salad w/carrot sticks (3/4c) Caear Chicken Salad with a Wheat Dinner Roll	120 60 0 0 60 20	2/18/2025 Sausage English Muffin Bagel & Jelly Breaded Chicken Party on a HB Bun w/sweet corn medley (3/4c) Beefaroni w/sweet corn medley (3/4c) Cheesaroni w/sweet corn medley (3/4c) Ham and Cheese Bagel Sandwich w/garden corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/garden corn salad (3/4c) Mediterranean Chicken Salad with a Wheat Dinner Roll	120 40 40 40 40 20	2/19/2025 Turkey Breakfast Sandwich Coco Puffs & WG Crackers Hawaiian Chicken whrown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chicken Pasta w/green salad (1c) Creamy Tuscan Cheese Pasta w/green salad (1c) Turkey & Cheese Panini w/broccoli & carrots (1c) Chicken Pasta Primayera Salad Marinart Cheese Pasta Salad w/broccoli & carrot sticks (1c) Chef Turkey & Ham Salad with a Wheat Dinner Roll	120 140 0 0	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos Chicken Tamal wiffests beans & corn (3/4c) Fresco Beef Bowl wicilantro rice (3/4c) & fiesta beans & corn (3/4c) Chinese Chicken Tortilla Wrap wicilantro bean salad (3/4c) Cliantro Chicken Pasta Salad Caprese Sandwich wicilantro bean salad (3/4c) Santa Fe Chicken Salad with a Wheat	0 120 0 1 0 0 21	Yogurt & Graham Crackers Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicken Alfredo Baked Ziti Bowl w/mixed vegetables (1c) Cheesy Alfredo Baked Ziti Bowl w/mixed vegetables (1c) BBQ Chicken Hoagie Sandwich w/carrot sicks (3/4c) Ham Macaroni Pasta Salad Parmesan Cheese Pasta Salad w/carrot sticks (3/4c) Chinese Chicken Salad with a Wheat
Breakfast Breakfast Hot Meal Hot Meal Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES	SIDENT'S D	2/17/2025 Strawberry Muffin Rice Chex & WG Crackers Orange Chicken Bowl w/brown rice (3/4c) & stir fry vegetables (1c) Chicken, Bean & Cheese Burrito w/carrot sticks (1/2c) w/carrot sticks (1/2c) Vegetables (1c) Cliantro Chicken Hoagie Sandwich w/carrot sticks (3/4c) Asian Chicken Pasta Salad Garlie Pesto Cheese Pasta Salad w/carrot sticks (3/4c) Caesar Chicken Salad with a Wheat	120 60 0 0 60 20	2/18/2025 Sausage English Muffin Bagel & Jelly Breaded Chicken Patty on a HB Bun wisweet corn medley (3/4c) Beefaroni wisweet corn medley (3/4c) Cheesaroni wisweet corn medley (3/4c) Ham and Cheese Bagel Sandwich wigarden corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta wigarden corn salad (3/4c) Mediterranean Chicken Salad with a	120 40 40 40 0 20	2/19/2025 Turkey Breakfast Sandwich Coco Puffs & WG Crackers Hawaiian Chicken w/brown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chicken Pasta w/green salad (1c) Creamy Tuscan Chesce Pasta w/green salad (1c) Turkey & Cheese Pantini w/broccoli & carrots (1c) Chicken Pasta Primavera Salad Marinara Cheese Pasta Salad w/broccoli & carrot sticks (1c) Chef Turkey & Ham Salad w/th a Wheat	120 140 0 0 0 0	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos Chicken Tamal w/fiesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Chinese Chicken Tortilla Wrap w/cilantro bean salad (3/4c) Caprese Sandwich w/cilantro bean salad (3/4c) Santa Fe Chicken Salad with a Wheat	0 120 0 1 0 0 21	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicken Alfredo Baked Ziri Bowl w/mixed vegetables (1c) Cheesy Alfredo Baked Ziri Bowl w/mixed vegetables (1c) BBQ Chicken Hoagie Sandvich w/carrot sticks (3/4c) Ham Macaroni Pasta Salad Parmesan Chesce Pasta Salad w/carrot sticks (3/4c) Chinese Chicken Salad with a Wheat
Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack	SIDENT'S D	2/17/20/25 Strawberry Muffin Rice Chex & W.G. Crackers Orange Chicken Bowl wbrown rice (3/4e), & stir fry wegetables (1e). Chicken, Bean & Cheese Burrito w/carrot sticks (1/2e) Vegetable Fried Rice wistir fry vegetables (1e). Clantro Chicken Hoagie Sandwich w/carrot sticks (3/4e) w/carrot sticks (3/4e) Asian Chicken Pasta Salad Garlic Pesto Cheese Pasta Salad Garlic Pesto Cheese Pasta Salad w/carrot sticks (3/4e). Caesar Chicken Salad with a Wheat Dinner Roll Cheez-its Presidents' Day	120 60 0 0 60 20	2/18/2025 Sausage English Muffin Bagel & Jelly Braded Chicken Patty on a HB Bun W'sweet corn medley (3/4c) Beefaroni w'sweet corn medley (3/4c) Gheesaroni w'sweet corn medley (3/4c) Ham and Cheese Bagel Sandwich w'garden corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/garden corn salad (3/4c) Mediterranean Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble (S)	120 40 40 40 0 20	2/19/2025 Turkey Breakfast Sandwich Coco Puffs & WG Crackers Hawaiian Chicken whrown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chicken Pasta wigreen salad (1c) Creamy Tuscan Chicken Pasta wigreen salad (1c) Turkey & Cheese Panini whroccoli & carrots (1c) Chicken Pasta Primavera Salad Marinara Chicese Pasta Salad whroccoli & carrot sticks (1c) Chef Turkey & Ham Salad with a Wheat Dinner Roll Cereal Bar (S)	120 140 0 0 0 0	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos Chicken Tamal wifesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Chinese Chicken Tortilla Wrap w/cilantro bean salad (3/4c) Cilantro Chicken Pasti Salad Caprese Sandwich w/cilantro bean salad (3/4c) Santa Fe Chicken Salad with a Wheat Dinner Roll Oatmeal Cookie (S)	0 120 0 1 0 0 21	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicken Alfredo Baked Ziri Bowl w/mixed vegetables (10) Cheesy Alfredo Baked Ziri Bowl w/mixed vegetables (10) BBQ Chicken Hoagie Sandwich w/carrot sticks (3/4c) Ham Macaroni Pasta Salad Parmesan Cheese Pasta Salad w/carrot sticks (3/4c) Chinese Chicken Salad with a Wheat Dinner Roll NutriGrain Bar (S)
Breakfast Breakfast Hot Meal Hot Meal Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES	SIDENT'S D	2/17/2025 Strawberry Muffin Rice Chee, & W.G. Crackers Orange Chicken Bowl wbrown rice (3/4c) & stir fly vegetables (1c) Chicken, Bean & Cheese Burrito wlearrot sticks (1/2c) Vegetable Fried Rice wistir fry vegetables (1c) Cliantro Chicken Hoagie Sandwich wlearrot sticks (3/4c) Asian Chicken Pasta Salad Garlie Pesia Cheese Pasta Salad Wearrot sticks (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Cheeze-its Presidents' Day Red & Orange	120 60 0 0 60 20	2/18/2025 Sausage English Muffin Bagel & Jelly Breaded Chicken Patty on a HB Bun w/sweet corn medley (3/4c) Beefaroni w/sweet corn medley (3/4c) Gheesaroni w/sweet corn medley (3/4c) Ham and Cheese Bagel Sandwich w/garden corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/garden corn salad (3/4c) Mediterranean Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble (5)	120 40 40 40 0 20	2/19/2025 Turkey Breakfast Sandwich Coco Puffs & WG Crackers Hawaian Chicken whrown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chicken Pasta wigreen salad (1c) Creamy Tuscan Chesee Pasta wigreen salad (1c) Turkey & Chesee Panini wbroccoli & carrofs (1c) Chicken Pasta Primavera Salad Marinara Chesee Pasta Salad w-broccoli & carrofs (1c) Chef Turkey & Ham Salad with a Wheat Dinner Roll Cereal Bar (S)	120 140 0 0 0 0	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos Chicken Tamal w/fiesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Chinese Chicken Tortill Wrap w/cilantro bean salad (3/4c) Clantro Chicken Pasta Salad Caprese Sandwich w/cilantro bean salad Caprese Sandwich w/cilantro bean salad Dinner Roll Oatmeal Cookie (S)	0 120 0 1 0 0 21	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicken Alfredo Baked Ziti Bowl w/mixed vegetables (1c) Cheesy Alfredo Baked Ziti Bowl w/mixed vegetables (1c) BBQ Chicken Hoagie Sandwich w/carrot sticks (3/4c) Ham Macaroni Pasta Salad Parmesan Cheese Pasta Salad w/carrot sticks (3/4c) Chinese Chicken Salad with a Wheat Dinner Roll NutriGrain Bar (5)
Breakfast Breakfast Hot Meal Hot Meal Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES J Week 4 Options	PRESIDENT'S D	2/17/2025 Strawberry Muffin Rice Chex & WG Crackers Orange Chicken Bowl wbrown rice (3/4e) & Sur ifry wegetables (1c) Chicken, Bean & Chesse Burrito w/carrot sticks (1/2c) Vegetable Fried Rice wistir fry vegetables (1c) Clantro Chicken Hoagie Sandwich w/carrot sticks (3/4c) w/carrot sticks (3/4c) Asian Chicken Pasta Salad Garlic Pesto Checse Pasta Salad Garlic Pesto Checse Pasta Salad w/carrot sticks (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Cheez-its Presidents' Day Red & Orange 2/24/2025 Banana Muffin	120 60 0 0 60 20 1 0 0	2/18/2025 Sausage English Muffin Bagel & Jelly Bragel & Jelly Bragel & Jelly Braded Chicken Patry on a HB Bun W'sweet corn medley (3/4c) Beefaroni w'sweet corn medley (3/4c) Gheesaroni w'sweet corn medley (3/4c) Ham and Cheese Bagel Sandwich w'garden corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/garden corn salad (3/4c) Mediterranean Chicken Salad with a Whota Dimner Roll Coffee Cinnamon Crumble (S) Starchy 2/25/2025 Cinnamon French Toast	120 40 40 40 0 20 1 0	2/19/2025 Turkey Breakfast Sandwich Coco Puffs & WG Crackers Hawaiian Chicken whrown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chicken Pasta wigreen salad (1c) Creamy Tuscan Chicken Pasta wigreen salad (1c) Turkey & Chesee Panini whroccoli & carrots (1c) Chicken Pasta Primavera Salad Marinara Chicese Pasta Fasta wigreen salad (1c) Chicken Pasta Primavera Salad Marinara Chicese Pasta Salad whroccoli & carrots sités (1c) Chef Turkey & Ham Salad with a Wheat Dinner Roll Cercal Bar (S) Dark Green 2/26/2025 Turkey Breakfast Sandwich	120 140 0 0 0 0 1 20 0	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos Chicken Tamal Wfiesta beans & corn (3/4c) Fresco Beef Bowl W/cliantro rice (3/4c) & fiesta beans & corn (3/4c) Chinese Chicken Tortilla Wrap W/cliantro bean salad (3/4c) Cliantro Chicken Pasti Bwrap W/cliantro bean salad (3/4c) Cliantro Chicken Pasti Salad Caprese Sandwich W/cliantro bean salad (3/4c) Santa Fe Chicken Salad with a Wheat Dinner Roll Oatmeal Cookie (S) Beans & Peas 2/27/2025 Soyrizo Breakfast Burrito	0 120 0 1 0 0 21	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicker Alfredo baked Ziri Bowl w/mixed vegetables (1c) Cheesy Alfredo Baked Ziri Bowl w/mixed vegetables (1c) BBQ Chicker Hoagie Sandwich w/carrot sticks (3/4c) Ham Macaroni Pasta Salad Parmesan Cheese Pasta Salad w/carrot sticks (3/4c) Chinese Chicken Salad with a Wheat Dinner Roll NutriGrain Bar (S) Other Veggies 2/28/2025 Mexican Concha
Breakfast Breakfast Hot Meal Hot Meal Hot Vegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES J Week 4 Options Breakfast Breakfast	PRESIDENT'S D	2/17/2025 Strawberry Muffin Rice Chee, & W.G. Crackers Orange Chicken Bowl wbrown rice (3/4c), & stir fly vegetables (1c) Chicken, Bean & Cheese Burrito w(carrot sticks (1/2c) Vegetable Fried Rice w/stir fry vegetables (1c) Cliantro Chicken Hoage Sandwich w(carrot sticks (3/4c) Asian Chicken Pasta Salad Garlic Pesto Cheese Pasta Salad Garlic Pesto Cheese Pasta Salad Wcarrot sticks (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Cheez-its Presidents' Day Red & Orange 2/24/2025 Banana Muffin Multi Grain Cheerios & W.G. Crackers	120 60 0 0 60 20 1 0 0	2/18/2025 Sausage English Muffin Bagel & Jelly Bragel & Jelly Braded Chicken Patry on a HB Bun w/sweet corn medley (3/4c) Beefaroni w/sweet corn medley (3/4c) Beefaroni w/sweet corn medley (3/4c) Ham and Cheese Bagel Sandwich w/garden corn salad (3/4c) Fiesta Chicken Pasts Salad Bea & Cheese Torta w/garden corn salad (3/4c) Mediterranean Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble (S) Starchy 2/25/2025 Cinnamon French Toast Bagel & Jelly	120 40 40 40 0 20 1 0 0	2/19/2025 Turkey Breakfast Sandwich Coco Putifs & W.G. Crackers Hawalian Chicken whown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chicken Pasta wigreen salad (1c) Creamy Tuscan Chicken Pasta wigreen salad (1c) Turkey & Chesse Panini whrocooli & carrots (1c) Chicken Pasta Primavera Salad Marinara Chesse Pasta Salad w/brocooli & carrot sitcks (1c) Chef Turkey & Ham Salad with a Wheat Dinner Roll Cereal Bar (S) Dark Green 2/26/2025 Turkey Breakfast Sandwich Rice Chee, & W.G. Crackers	120 140 0 0 0 0 1 1 20 0	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos Chicken Tamal w/fiesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Chinese Chicken Tortilla Wrap w/cilantro bean salad (3/4c) Cilantro Chicken Pasta Salad Caprese Sandwich w/cilantro bean salad (3/4c) Santa Fe Chicken Salad with a Wheat Dinner Roll Oatmeal Cookie (S) Beans & Peas 2/27/2025 Soyrizo Breakfast Burrito Blueberry Muffin	0 120 0 1 0 0 21 0 0	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicken Alfredo Baked Ziti Bowl w/mixed vegetables (1c) Cheesy Alfredo Baked Ziti Bowl w/mixed vegetables (1c) BBQ Chicken Hoagie Sandwich w/carrot sticks (3/4c) Ham Macaroni Pasta Salad Parmesan Cheese Pasta Salad w/carrot sticks (3/4c) Chinese Chicken Salad with a Wheat Dinner Roll NutriGrain Bar (S) Other Veggies 2/28/2025 Mexican Concha Bagel & Jelly
Breakfast Breakfast Hot Meal Hot Meal Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES J Week 4 Options	PRESIDENT'S D	2/17/20/25 Strawberry Muffin Rice Chex & W.G. Crackers Orange Chicken Bowl wbrown rice (3/4c) & stir fry vegetables (1c) Chicken, Bean & Cheese Burrio wlcarrot sticks (1/2c) Vegetable Fried Rice wistir fry vegetables (1c) Cilantro Chicken Hoage Sandwich wlcarrot sticks (3/4c) wlcarrot sticks (3/4c) Asian Chicken Pasta Salad Garlie Pesto Cheese Pasta Salad wlcarrot sticks (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Cheez-its Presidents' Day Red & Orange 2/24/20/25 Bannan Muffin Multi Grain Cheerios & W.G. Crackers Southwestern Chicken Bowl w/spanish rice (1c) & mixed western Bowl w/spanish rice (1c) & mixed vestern Bowl w/spanish rice (1c) & mixed vegetables (1c)	120 60 0 0 60 20 1 0 0	2/18/2025 Sausage English Muffin Bagel & Jelly Breaded Chicken Patty on a HB Bun w/sweet corn medley (3/4c) Beefaroni w/sweet corn medley (3/4c) Beefaroni w/sweet corn medley (3/4c) Cheesaroni w/sweet corn medley (3/4c) Ham and Cheese Bagel Sandwich w/garden corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/garden corn salad (3/4c) Mediterranean Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble (5) Starchy 2/25/2025 Cinnamon French Toast Bagel & Jelly Inside Out Shephards Pie w/dinner roll	120 40 40 40 0 20 1 0	2/19/2025 Turkey Breakfast Sandwich Coco Puffs & W.G. Crackers Hawaian Chicken whrown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chicken Pasta wigreen salad (1c) Creamy Tuscan Chesee Pasta wigreen salad (1c) Turkey & Chesee Panini whroccoli & carrots (1c) Chicken Pasta Primavera Salad Marinara Chiesee Pasta Salad w/broccoli & carrots (1c) Chicken Pasta Primavera Salad Marinara Chiesee Pasta Salad w/broccoli & carrot sticks (1c) Chef Turkey & Ham Salad with a Wheat Dinner Roll Cereal Bar (S) Dark Green 2/26/2025 Turkey Breakfast Sandwich Rice Chex & W.G. Crackers Spaghetti and Meatballs w/mixed vegetables (1c)	120 140 0 0 0 0 1 20 0	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos Chicken Tamal wfiesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Chinese Chicken Torilla Wrap w/cilantro bean salad (3/4c) Cilantro Chicken Pasta Salad Caprese Sandwich w/cilantro bean salad (3/4c) Santa Fe Chicken Salad with a Wheat Dinner Roll Oatmeal Cookie (5) Beans & Peas 2/27/2025 Soyrizo Breakfast Burrito Blucherry Muffin Beef Soft Tacos w/spanish rice (1/2c) & fiesta beans & corn (3/4c)	0 120 0 1 0 0 21 0 0	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicken Alfredo Baked Ziti Bowl w/mixed vegetables (1c) Cheesy Alfredo Baked Ziti Bowl w/mixed vegetables (1c) BBQ Chicken Hoagie Sandwich w/carrot sticks (3/4c) Ham Macaroni Pasta Salad Parmesan Cheese Pasta Salad w/carrot sticks (3/4c) Chinese Chicken Salad with a Wheat Dinner Roll NutriGrain Bar (S) Other Veggies 2/28/2025 Mexican Concha Bagel & Jelly Sloppy Joe on a HB Bun w/glazed peas & carrots (3/4c)
Breakfast Breakfast Hot Meal Hot Meal Hot Vegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES J Week 4 Options Breakfast Breakfast	PRESIDENT'S D	2/17/2025 Strawberry Muffin Rice Chex & WG Crackers Orange Chicken Bowl wbrown rice (3/4c) & Sir if y vegetables (1c). Chicken, Bean & Chesse Burrio w/carrot sticks (1/2c) Vegetable Fried Rice widstr fry vegetables (1c). Clantro Chicken Pasige Sandwich w/carrot sticks (3/4c). Asian Chicken Pasis Salad Garlic Pesto Checse Pasta Salad Garlic Pesto Checse Pasta Salad w/carrot sticks (3/4c). Caesar Chicken Salad with a Wheat Dinner Roll Cheze-its President's Day Red & Orange 2/24/2025 Banana Muffin Multi Grain Cheerios & WG Crackers Southwestern Chicken Bowl w/spanish	120 60 0 0 60 20 1 0 0	2/18/2025 Sausage English Muffin Bagel & Jelly Breaded Chicken Patry on a HB Bun w/sweet corn medley (3/4c) Beefaroni w/sweet corn medley (3/4c) Beefaroni w/sweet corn medley (3/4c) Ham and Cheese Bagel Sandwich w/garden corn salad (3/4c) Fiesta Chicken Pasts Salad Bea & Cheese Torta w/garden corn salad (3/4c) Mediterranean Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble (S) Starchy 2/25/2025 Cinnamon French Toast Bagel & Jelly Inside Out Shephards Pie w/dinner roll Beef, Bean & Cheese Torta w/whole kernel corn (1/2c)	120 40 40 40 0 20 1 0 0	2/19/2025 Turkey Breakfast Sandwich Coco Putifs & W.G. Crackers Hawaian Chicken whrown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chicken Pasta wigreen salad (1c) Creamy Tuscan Chicken Pasta wigreen salad (1c) Turkey & Chesse Panini whroccoli & carrots (1c) Chicken Pasta Primavera Salad Marinara Chicken Pasta Primavera Salad Marinara Chicken Pasta Primavera Salad Chicken Pasta Primavera Salad Marinara Chicken Pasta Primavera Salad Chicken Pasta Primavera Salad Marinara Chicken Pasta Primavera Salad Marinara Chicken Pasta Primavera Salad Chicken Pasta Primavera Salad Marinara Chicken Pasta Primavera Salad Marinara Chicken Pasta Primavera Salad Chicken Barin Salad with a Wheat Dinner Koll Cercal Bar (S) Dark Green 2/26/2025 Turkey Breakfast Sandwich Rice Chex & W.G. Crackers Spaghetti and Meatballs wimixed vegetables (1c) Chicken Teriyaki Bowl wbrown rice (3/4c) & striff vegetables (1c)	120 140 0 0 0 0 1 1 20 0	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos Chicken Tamal wfiesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Chinese Chicken Torsilla Wrap w/cilantro bean salad (3/4c) Cilantro Chicken Pasta Salad Caprese Sandwich w/cilantro bean salad (3/4c) Santa Fe Chicken Salad with a Wheat Dinner Roll Oatmeal Cookie (S) Beans & Peas 2/27/2025 Soyvizo Breakfast Burrito Blucherry Muffin Beef Soft Tacos w/spanish rice (1/2c) & fiesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Fresco Beer Bowl w/cilantro rice (3/4c)	0 120 0 1 0 0 21 0 0	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicken Alfredo Baked Ziti Bowl w/mixed vegetables (10) Cheesy Alfredo Baked Ziti Bowl w/mixed vegetables (10) BBQ Chicken Hoagie Sandwich w/carrot sticks (3/4c) Ham Macaroni Pasta Salad Parmesan Cheese Pasta Salad w/carrot sticks (3/4c) Chinese Chicken Salad with a Wheat Dinner Roll NutriGrain Bar (S) Other Veggies 2/28/2025 Mexican Concha Bagel & Jelly Sloppy Joe on a HB Bun w/glazed peas & carrots (3/4c) Beef, Bean & Cheese Burrito w/carrot sticks (1/4c) Beef, Bean & Cheese Burrito w/carrot sticks (3/4c)
Breakfast Breakfast Hot Meal Hot Meal Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES J Week 4 Options Breakfast Breakfast Hot Meal	PRESIDENT'S D	Strawberry Muffin Rice Chex & WG Crackers Orange Chicken Bowl whrown rice (3/4c) & Sir if y vegetables (1c). Chicken, Bean & Chesse Burrito wearont sticks (1/2c) Vegetable Fried Rice wistir fry vegetables (1c). Clantro Chicken Hoagie Sandwich wicarrot sticks (3/4c). Clantro Chicken Hoagie Sandwich wicarrot sticks (3/4c). Asian Chicken Pasta Salad Garlic Pesto Cheese Pasta Salad wicarrot sticks (3/4c). Caesar Chicken Salad with a Wheat Dinner Roll Cheze-its Presidents' Day Red & Orange 2/23/4/2025 Banana Muffin Multi Grain Cheerios & WG Crackers Southwestern Chicken Bowl wispanish rice (1c) & mixed vegetables (1c) Turkey Hot Dog on a Bun wicarrot Turkey Hot Dog on a Bun wicarrot	120 60 0 0 60 20 1 0 0 0	2/18/2025 Sausage English Muffin Bagel & Jelly Breaded Chicken Patty on a HB Bun wisweet corn medley (3/4c) Beefaroni wisweet corn medley (3/4c) Cheesaroni wisweet corn medley (3/4c) Ham and Cheese Bagel Sandwich wigarden corn salad (3/4c) Fresta Chicken Pasta Salad Bean & Cheese Torta wigarden corn salad (3/4c) Mediterranean Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble (S) Starchy 2/25/2025 Cinnamon French Toast Bagel & Jelly Inside Out Shephards Pie wi/dinner roll Beef, Bean & Cheese Torta wi/whole kernel corn (1/2c) Bean & Cheese Burrito wi/whole kernel	120 40 40 40 0 20 1 0 0 120 60	2/19/2025 Turkey Breakfast Sandwich Coco Puffs. & WG Crackers Hawaiian Chicken w/brown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chicken Pasta w/green salad (1c) Creamy Tuscan Chicken Pasta w/green salad (1c) Turkey & Cheese Panini w/broccoli & carrots (1c) Turkey & Cheese Panini w/broccoli & carrots (1c) Chicken Pasta Pinimavera Salad Marinara Cheese Pasta Salad w/broccoli & carrots (1c) Chef Turkey & Ham Salad w/broccoli Creal Bar (S) Dark Green 2/26/2025 Turkey Breakfast Sandwich Riec Chex & WG Crackers Spaghetti and Meatballs w/mixed vegetables (1c) Chicken Terjyaki Bowl w/brown rice (3/4c) & stir fry vegetables (1c) Vegetable Fried Rice w/stir fry Vegetables (1c) Vegetable Fried Rice w/stir fry	120 140 0 0 0 0 1 20 0 120 40	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos Chicken Tamal w/fiesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Chinese Chicken Tortilla Wrap w/cilantro bean salad (3/4c) Chantro Chicken Pasta Salad Caprese Sandwich w/cilantro bean salad (3/4c) Santa Fe Chicken Salad with a Wheat Dinner Roll Oatmeal Cookie (S) Beans & Peas 2/27/2025 Soytizo Breakfast Burrito Blucherry Muffin Beef Soft Tacos w/spanish rice (1/2c) & fiesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Cheese Quesafulla w/spanish rice (1/2c) & fiesta beans & corn (3/4c) Cheese Quesafulla w/spanish rice (1/2c) & fiesta beans & corn (3/4c)	0 120 0 1 0 0 21 0 0 0 8 VZZII	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicken Alfredo Baked Ziti Bowl w/mixed vegetables (1c) Cheesy Alfredo Baked Ziti Bowl w/mixed vegetables (1c) BBO Chicken Hoagie Sandwich w/carrot sticks (3/4c) Ham Macaroni Pasta Salad Parmesan Cheese Pasta Salad w/carrot sticks (3/4c) Chinese Chicken Salad with a Wheat Dinner Roll NutriGrain Bar (S) Other Veggies 2/28/2025 Mexican Concha Bagel & Jelly Sloppy Joe on a HB Bun w/glazed peas & carrots (3/4c) Beef, Bean & Cheese Burrito w/carrot sticks (1/2c) Bean & Cheese Burrito w/carrot sticks Bagel & Jelly Concrete Surrito w/carrot sticks Cheese Burrito w/carrot sticks Bagel & Jelly Cheese Burrito w/carrot sticks
Breakfast Breakfast Hot Meal Hot Meal Hot Vegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES J Week 4 Options Breakfast Breakfast Hot Meal Hot Meal	PRESIDENT'S D	2/17/2025 Strawberry Mufflin Rice Chex & W.G. Crackers Orange Chicken Bowl wbrown rice (3/4c) & stir fly vegetables (1c) Chicken, Bean & Cheese Burrito w(carrot sticks (1/2c) Vegetable Fried Rice w/stir fry vegetables (1c) Clantro Chicken Hoagie Sandwich w(carrot sticks (3/4c) Asian Chicken Pasta Salad Garlic Pesto Cheese Pasta Salad w(carrot sticks (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Chez-its Presidents' Day Red & Orange 2/24/2025 Banana Mufflin Multi Grain Cheerios & W.G. Crackers Southwestern Chicken Bowl w/spanish rice (1c) & mixed vegetables (1c) Turkey Hot Dog on a Bun w/carrot sticks (1c) Black Bean Burger w/carrot sticks (3/4c) Ham and Cheese Panini w/carrot sticks	120 60 0 0 60 20 1 0 0 0 0 60 0	2/18/2025 Sausage English Muffin Bagel & Jelly Breaded Chicken Party on a HB Bun wisweet corn medley (3/4c) Beefaroni wisweet corn medley (3/4c) Beefaroni wisweet corn medley (3/4c) Ham and Cheese Bagel Sandwich wigarden corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta wigarden corn salad (3/4c) Mediterranean Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble (S) Starchy 2/25/2025 Cinnamon French Toast Bagel & Jelly Inside Out Shephards Pie widinner roll Beef, Bean & Cheese Torta w/whole kernel corn (1/2c) Bean & Cheese Burrito w/whole kernel corn (1/2c) BBQ Chicken Hoagie Sandwich	120 40 40 40 0 20 1 0 0 120 60 60	2/19/2025 Turkey Breakfast Sandwich Coco Puffs & WG Crackers Hawalian Chricken w/brown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chricken Pasta w/green salad (1c) Creamy Tuscan Chricken Pasta w/green salad (1c) Creamy Tuscan Chesee Pasta w/green salad (1c) Turkey & Chesee Pantini w/broccoli & carrots (1c) Chicken Pasta Primavera Salad Marinara Chesee Pasta Salad w/broccoli & carrot sticks (1c) Chef Turkey & Ham Salad w/broccoli Creal Bar (S) Dark Green 2/26/2025 Turkey Breakfast Sandwich Riec Chee & WG Crackers Spaghetti and Meaballs w/mixed vegetables (1c) Chicken Teriyaki Bowl w/brown rice (3/4c) & sir fry vegetables (1c) Vegetable Fried Rice w/stir fry vegetables (1c) Turkey & Chesee Bagel Sandwich	120 140 0 0 0 0 1 20 0 120 40	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos Chicken Tamal wifesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Chinese Chicken Tortilla Wrap w/cilantro bean salad (3/4c) Chinese Chicken Fortali Wrap w/cilantro bean salad (3/4c) Clantro Chicken Pasta Salad Caprese Sandwich w/cilantro bean salad (3/4c) Santa Fe Chicken Salad with a Wheat Dinner Roll Oatmeal Cookie (S) Beans & Peas 2/27/2025 Soyrizo Breakfast Burrito Blueberry Muffin Beef Soft Tacos w/spanish rice (1/2c) & fiesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Cheese Quesafulla w/spanish rice (1/2c) & fiesta beans & corn (3/4c) Cheese Quesafulla w/spanish rice (1/2c) & fiesta beans & corn (3/4c) Cheese Quesafulla w/spanish rice (1/2c) & fiesta beans & corn (3/4c) Cheese Quesafulla w/spanish rice (1/2c) & fiesta beans & corn (3/4c) Crispy Chicken Cheddar Tortilla Wrap	0 120 0 1 0 0 21 0 0 0 8 VZZII	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicken Alfredo Baked Ziti Bowl w/mixed vegetables (1c) Cheesy Alfredo Baked Ziti Bowl w/mixed vegetables (1c) BBQ Chicken Hoagie Sandwich w/carrot sticks (3/4c) Ham Macaroni Pasta Salad Parmesan Cheese Pasta Salad w/carrot sticks (3/4c) Chinese Chicken Salad with a Wheat Dinner Roll NutriGrain Bar (S) Other Veggies 2/28/2025 Mexican Concha Bagel & Jelly Sloppy Joe on a HB Bun w/glazed peas & carrots (3/4c) Beef, Bean & Cheese Burito w/carrot sticks (1/2c) Bean & Cheese Burito w/carrot sticks (1/2c) Cilantro Chicken Hoagie Sandwich
Breakfast Breakfast Hot Meal Hot Meal Hot Vegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES J Week 4 Options Breakfast Breakfast Hot Meal Hot Vegetarian	0 0 140 1	2/17/2025 Strawberry Muffin Rice Chex & W.G Crackers Orange Chicken Bowl wbrown rice (3/44), & str if y wegetables (1c) Chicken, Bean & Chesse Burrito wcarrot sticks (1/2c) Wegetable Fried Rice wistir fry vegetables (1c) Cliantro Chicken Hoagie Sandwich w/carrot sticks (3/4c) Asian Chicken Pasta Salad Garlic Pesto Cheese Pasta Salad W/carrot sticks (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Cheez-its Presidents' Day Red & Orange 2/24/2025 Banana Muffin Multi Grain Cheerios & W.G Crackers Southwestern Chicken Bowl w/spanish rice (1c) & mixed vegetables (1c) Turkey Hot Dog on a Bun w/carrot sticks (1c) Black Bean Burger w/carrot sticks (3/4c) Ham and Cheese Pannii w/carrot sticks (14c) Ham and Cheese Pannii w/carrot sticks (14c) Ham and Cheese Pannii w/carrot sticks (14c)	120 60 0 0 60 20 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	2/18/2025 Sausage English Muffin Bagel & Jelly Breaded Chicken Patty on a HB Bun w/sweet corn medley (3/4c) Beefaroni w/sweet corn medley (3/4c) Beefaroni w/sweet corn medley (3/4c) Ham and Cheese Bagel Sandwich w/garden corn salad (3/4c) Fiesta Chicken Pasts Salad Bea & Cheese Torta w/garden corn salad (3/4c) Mediterranean Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble (S) Starchy 2/25/2025 Cinnamon French Toast Bagel & Jelly Inside Out Shephards Pie w/dinner roll Beef, Bean & Cheese Torta w/whole kernel corn (1/2c) Bean & Cheese Burrio w/whole kernel com (1/2c) Bean & Cheese Burrio w/whole kernel com (1/2c) Bean & Cheese Burrio w/whole kernel com (1/2c) Bean & Cheese Burrio w/whole kernel	120 40 40 40 0 20 1 0 0 120 60 60	2/19/2025 Turkey Breakfast Sandwich Coco Putifs & WG Crackers Hawaiian Chicken whrown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chicken Pasta wigreen salad (1c) Creamy Tuscan Chicken Pasta wigreen salad (1c) Creamy Tuscan Cheese Pasta wigreen salad (1c) Turkey & Cheese Pantini whrocooli & carrots (1c) Chicken Pasta Primavera Salad Marinara Cheese Pasta Salad whrocooli & carrot sticks (1c) Chef Turkey & Ham Salad with a Wheat Dinner Roll Cereal Bar (S) Dark Green 2/26/2025 Turkey Breakfast Sandwich Rice Chex & WG Crackers Spaghetti and Meatballs wimixed vegetables (1c) Chicken Terrykai Bowd whrown rice (3/4c) & stir fry vegetables (1c) Vegetable Fried Rice w/stir fry vegetables (1c) Turkey & Cheese Bagel Sandwich whrocooli & carrots (1c) Turkey & Cheese Bagel Sandwich whrocooli & carrots (1c)	120 140 0 0 0 0 0 1 20 0 120 40 40	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos Chicken Tamal Wfiesta beans & corn (3/4c) Fresco Beef Bowl W/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Chinese Chicken Tortilla Wrap W/cilantro bean salad (3/4c) Cilantro Chicken Pasta Salad Caprese Sandwich W/cilantro bean salad (3/4c) Santa Fe Chicken Salad with a Wheat Dinner Roll Oatmeal Cookie (S) Beans & Peas 2/27/2025 Soyrizo Breakfast Burrito Blueberry Muffin Beef Soft Tacos w/spanish rice (1/2c) & fiesta beans & corn (3/4c) Fresco Beef Bowl W/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Cheese Quesadilla w/spanish rice (1/2c) & & fiesta beans & corn (3/4c) Cheese Quesadilla w/spanish rice (1/2c) & & fiesta beans & corn (3/4c) Cheese Quesadilla w/spanish rice (1/2c) & & fiesta beans & corn (3/4c)	0 120 0 1 0 0 21 0 0 0 8 VZZII	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicken Alfredo Baked Ziri Bowl w/mixed vegetables (10) Cheesy Alfredo Baked Ziri Bowl w/mixed vegetables (10) BBQ Chicken Hoagie Sandwich w/carrot sticks (3/4c) Ham Macaroni Pasta Salad Parmesan Cheese Pasta Salad w/carrot sticks (3/4c) Chinese Chicken Salad with a Wheat Dinner Roll NutriGrain Bar (S) Other Veggies 2/28/2025 Mexican Concha Bagel & Jelly Sloppy Joe on a HB Bun w/glazed peas & carrots (3/4c) Beef, Bean & Cheese Burrito w/carrot sticks (1/2c) Bean & Cheese Burrito w/carrot sticks (1/2c) Clantro Chicken Hoagie Sandwich w/der Chicken Hoagie Sandwich (1/2c) Clantro Chicken Hoagie Sandwich w/der Chicken Hoagie Sandwich w/der Chicken Hoagie Sandwich w/der Chicken Hoagie Sandwich
Breakfast Breakfast Hot Meal Hot Meal Hot Vegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES J Week 4 Options Breakfast Breakfast Hot Meal Hot Wegetarian	0 140 1 1 0	2/17/2025 Strawberry Muffin Rice Chex & W.G. Crackers Orange Chicken Bowl wbrown rice (3/44), & str if y wegetables (1c). Chicken, Bean & Chesse Burrito w/carrot sticks (1/2c) Vegetable Fried Rice wistir fry vegetables (1c). Clantro Chicken Hoagie Sandwich w/carrot sticks (3/4c) Asian Chicken Pasta Salad Garlic Pesto Cheese Pasta Salad Garlic Pesto Cheese Pasta Salad Garlic Pesto Cheese Pasta Salad w/carrot sticks (3/4c). Caesar Chicken Pasta Salad with a Wheat Dinner Roll Cheez-its Presidents' Day Red & Orange 2/24/2025 Banana Muffin Multi Grain Cheerios & W.G. Crackers Southwestern Chicken Bowd w/spanish rice (1c) & mixed vegetables (1c). Turkey Hot Dog on a Bun w/carrot sticks (1c) Black Bean Burger w/carrot sticks (3/4c) Ham and Cheese Panini w/carrot sticks (1c) Asian Chicken Pasta Salad Caju Cheese Pasta Salad w/carrot Caju Cheese Pasta Salad w/carrot	120 60 0 0 60 20 1 0 0 0 120 60 60 0	2/18/2025 Sausage English Muffin Bagel & Jelly Breaded Chicken Patry on a HB Bun Wisweet corn medley (3/4c) Beefaroni wisweet corn medley (3/4c) Beefaroni wisweet corn medley (3/4c) Ham and Cheese Bagel Sandwich wigarden corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/garden corn salad (3/4c) Mediterranean Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble (S) Starchy 2/25/2025 Cinnamon French Toast Bagel & Jelly Inside Out Shephards Pie w/dinner roll Beef, Bean & Cheese Torta w/whole kenel com (1/2c) Bean & Cheese Burrito w/whole kernel com (1/2c) BBQ Chicken Hoagie Sandwich w/garden corn salad (3/4c) Fiesta Chicken Pasta Salad Fiesta Chicken Pasta Salad	120 40 40 40 0 20 1 0 0 120 60 60 1	2/19/2025 Turkey Breakfast Sandwich Coco Putifs & WG Crackers Hawaiian Chicken whrown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chicken Pasta wigreen salad (1c) Train Chicken Pasta wigreen salad (1c) Turkey & Cheses Panini whroccoli & carrots (1c) Chicken Pasta Primavera Salad Marinara Cheese Pasta Salad whroccoli & carrot sticks (1c) Chicken Pasta Primavera Salad Marinara Cheese Pasta Salad whrocoli & carrot sticks (1c) Chef Turkey & Ham Salad with a Wheat Dinner Roll Cereal Bar (S) Dark Green 2/26/2025 Turkey Breakfast Sandwich Rice Chex & WG Crackers Spaghetia and Meaballs wimixed vegetables (1c) Chicken Teriyaki Bowl whrown rice (3/4c) & stir fry vegetables (1c) Vegetable Fried Rice wistir fry vegetables (1c) Turkey & Cheese Bagel Sandwich whroccoli & carrots (1c) Chicken Pasta Primavera Salad Garlie Pesto Cheese Pasta Salad	120 140 0 0 0 0 0 1 20 0 120 40 40	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos Chicken Tamal wifesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Chinese Chicken Tortilla Wrap w/cilantro bean salad (3/4c) Cilantro Chicken Pasta Salad Caprese Sandwich w/cilantro bean salad (3/4c) Santa Fe Chicken Salad with a Wheat Dinner Roll Oatmeal Cookie (S) Beans & Peas 2/27/2025 Soyrizo Breakfast Burrito Blueberry Murfin Beef Soft Tacos w/spanish rice (1/2c) & fiesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Cheese Quesadilia w/spanish rice (1/2c) & fiesta beans & corn (3/4c) Cheese Quesadilia w/spanish rice (1/2c) & fiesta beans & corn (3/4c) Crispy Chicken Cheddar Tortilla Wrap w/kindeys beans alsd (3/4c) Cilantro Chicken Pasta Salad Caprese Sandwich w/kindey bean salad Caprese Sandwich w/kindey bean salad	0 120 0 1 0 0 0 21 0 0	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicker Alfrédo Baked Zill Bowl w/mixed vegetables (1c) Chesy Alfredo Baked Zill Bowl w/mixed vegetables (1c) BBQ Chicken Hoagie Sandwich w/carrof sticks (3/4c) Ham Macaroni Pasta Salad Parmesan Cheese Pasta Salad w/carrof sticks (3/4c) Chinese Chicken Salad with a Wheat Dinner Roll NutriGrain Bar (S) Other Veggies 2/28/2025 Mexican Concha Bagel & Jelly Sloppy Joe on a HB Bun w/glazed peas & carrofs (3/4c) Beef, Bean & Cheese Burrito w/carrof sticks (1/2c) Bean & Cheese Burrito w/carrof sticks (1/2c) Clantro Chicken Hoagie Sandwich w/carrof sticks (1/2c) Clantro Chicken Hoagie Sandwich w/carrof sticks (3/4c) Ham Macaroni Pasta Salad Parmesan Cheese Pasta Salad w/carrof
Breakfast Breakfast Hot Meal Hot Meal Hot Vegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES J Week 4 Options Breakfast Breakfast Hot Meal Hot Vegetarian Cold Meal Cold Pastas Cold Vegetarian	0 0 140 1 0 0 0 0 1 0 0 1 0 0 0 0 0 0 0	2/17/2025 Strawberry Mufflin Rice Chex & WG Crackers Orange Chicken Bowl wbrown rice (3/4e) & Sir if y wegetables (1c) Chicken, Bean & Chesse Burrito w/earrot sticks (1/2c) Wegetable Fried Rice wistir fry vegetables (1c) Clantro Chicken Hoagie Sandwich w/earrot sticks (3/4c) Asian Chicken Pasta Salad Garlic Pesto Cheese Pasta Salad Garlic Pesto Cheese Pasta Salad w/earrot sticks (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Cheez-its Presidents' Day Red & Orange 2/24/2025 Banana Mufflin Multi Grain Cheerios & WG Crackers Southwestern Chicken Bowl w/spanish rice (1c) & mixed vegetables (1c) Turkey Hot Dog on a Bun w/carrot sticks (1c) Black Bean Burger w/carrot sticks (3/4c) Ham and Cheese Pasta Salad (1c) Asian Chicken Pasta Salad (1c) Asian Chicken Pasta Salad (1c) Cajun Cheese Pasta Salad w/carrot sticks (3/4c) Caesar Chicken Salad with a Wheat	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	2/18/2025 Sausage English Muffin Bagel & Jelly Braded Chicken Patty on a HB Bun w/sweet corn medley (3/4c) Beefaroni w/sweet corn medley (3/4c) Beefaroni w/sweet corn medley (3/4c) Ham and Cheese Bagel Sandwich w/garden corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/garden corn salad (3/4c) Mediterranean Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble (S) Starchy 2/25/2025 Cinnamon French Toast Bagel & Jelly Inside Out Shephards Pie w/dinner roll Beer, Bean & Cheese Torta w/whole kernel corn (1/2c) Bean & Cheese Torta w/whole kernel corn (1/2c) Bean & Cheese Torta w/whole kernel corn (1/2c) Bean & Cheese Torta w/garden corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/garden corn salad (3/4c) Mediterranean Chicken Salad with a	120 40 40 40 0 220 1 0 0 120 60 60 1 0	2/19/2025 Turkey Breakfast Sandwich Coco Puffs & WG Crackers Hawaiian Chicken whrown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chacken Pasta wigreen salad (1c) Treamy Tuscan Chacken Pasta wigreen salad (1c) Turkey & Cheese Panini whroccoli & carrots (1c) Chicken Pasta Primavera Salad Marinara Cheese Pasta Salad whroccoli & carrot sticks (1c) Chef Turkey & Ham Salad with a Wheat Dark Green 2/26/2025 Turkey Breakfast Sandwich Rice Chee & WG Crackers Spaghetti and Meathalls wimixed vegetables (1c) Chicken Fartyaki Bowl whrown rice (3/4c) & stir fry vegetables (1c) Vegetable Fried Rice wistr fry vegetables (1c) Chicken Fasta Primavera Salad Garife Pesto Cheese Pasta Salad whroccoli & carrots (1c) Chicken Pasta Primavera Salad Garife Pesto Cheese Pasta Salad whroccoli & carrots (1c) Chicken Turkey & Ham Salad with a Wheat	120 140 0 0 0 0 1 1 20 0 0 120 40 40 40 0	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos Chicken Tamal wifesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Chinese Chicken Tortilla Wrap w/cilantro bean salad (3/4c) Cilantro Chicken Pasta Salad Caprese Sandwich w/cilantro bean salad (3/4c) Santa Fe Chicken Salad with a Wheat Dinner Roll Oatmeal Cookie (S) Beans & Peas 2/27/2025 Soyrizo Breakfast Burrito Blueberry Murfin Beef Soft Tacos w/spanish rice (1/2c) & fiesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro ice (3/4c) & fiesta beans & corn (3/4c) Cheese Quesadilia w/spanish rice (1/2c) & fiesta beans & corn (3/4c) Cheese Quesadilia w/spanish rice (1/2c) & fiesta beans & corn (3/4c) Crispy Chicken Cheddar Tortilla Wrap w/kindey beans alad (3/4c) Caprese Sandwich w/kindrey bean salad (3/4c) Santa Fe Chicken Salad with a Wheat	0 120 0 1 0 0 21 0 0 0 8 VZZII	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicken Alfredo Baked Ziri Bowl w/mixed vegetables (1c) Cheesy Alfredo Baked Ziri Bowl w/mixed vegetables (1c) BBQ Chicken Hoagie Sandvich w/carrot sticks (3/4c) Ham Macaroni Pasta Salad Parmesan Cheese Pasta Salad w/carrot sticks (3/4c) Chinese Chicken Salad with a Wheat Dinner Roll NutriGrain Bar (S) Other Veggies 2/28/2025 Mexican Concha Bagel & Jelly Sloppy Joe on a HB Bun w/glazed peas & carrots (3/4c) Beer, Bean & Cheese Burrito w/carrot sticks (1/2c) Bean & Cheese Burrito w/carrot sticks (1/2c) Cliantro Chicken Hoagie Sandwich w/carrot sticks (3/4c) Ham Macaroni Pasta Salad Parmesan Cheese Pasta Salad w/carrot sticks (3/4c) Chinese Chicken Salad w/drot Chinese Chicken Salad w/carrot sticks (3/4c) Chinese Chicken Salad w/drot Chinese Chicken Salad with a Wheat
Breakfast Breakfast Hot Meal Hot Meal Hot Vegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES J Week 4 Options Breakfast Breakfast Hot Meal Hot Vegetarian Cold Meal Cold Meal Cold Meal	0 140 1 1 0	2/17/2025 Strawberry Muffin Rice Chex & W.G. Crackers Orange Chicken Bowl wbrown rice (3/4c) & stir fry vegetables (1c) Chicken, Bean & Cheses Burrio wlcarrot sticks (1/2c) Vegetable Fried Rice wistir fry vegetables (1c) Cilantro Chicken Hoage Sandwich wlcarrot sticks (3/4c) wlcarrot sticks (3/4c) Asian Chicken Pasta Salad Garlic Pesto Cheese Pasta Salad wlcarrot sticks (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Cheez-its Presidents' Day Red & Orange 2/24/2025 Banana Muffin Multi Grain Cheerios & W.G. Crackers Southwestern Chicken Bowl w/spanish rice (1c) & mixed wyseparish rice wyseparish	120 60 0 0 60 20 1 0 0 0 120 60 0 0	2/18/2025 Sausage English Muffin Bagel & Jelly Breaded Chicken Patty on a HB Bun w/sweet corn medley (3/4c) Beefaroni w/sweet corn medley (3/4c) Beefaroni w/sweet corn medley (3/4c) Gheesaroni w/sweet corn medley (3/4c) Ham and Cheese Bagel Sandwich w/garden corn salad (3/4c) Fiesta Chicken Pasts Salad Bean & Cheese Torta w/garden corn salad (3/4c) Mediterranean Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble (5) Starchy 2/25/2025 Cinnamon French Toast Bagel & Jelly Inside Out Shephards Pie w/dinner roll Beef, Bean & Cheese Torta w/whole kernel corn (1/2c) Bean & Cheese Burrito w/whole kernel corn (1/2c) Gheen & Cheese Burrito w/whole kernel corn (1/2c) Bean & Cheese Hoagie Sandwich w/garden corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/garden corn	0 0 120 0 0 0 120 60 1 0	2/19/2025 Turkey Breakfast Sandwich Coco Puffs & W.G. Crackers Hawaian Chicken whrown rice (3/4c) & mixed vegetables (1c) Creamy Tuscan Chicken Pasta wigreen salad (1c) Creamy Tuscan Chicken Pasta wigreen salad (1c) Turkey & Cheese Panini whroccoli & carrots (1c) Chicken Pasta Primavera Salad Marinara Chieses Pasta Salad whroccoli & carrot sticks (1c) Chicken Pasta Primavera Salad Marinara Chieses Pasta Salad whroccoli & carrot sticks (1c) Chef Turkey & Ham Salad with a Wheat Dinner Roll Cereal Bar (S) Dark Green 2/26/2025 Turkey Breakfast Sandwich Rice Chex & W.G. Crackers Spaghetti and Meatballs wmixed vegetables (1c) Chicken Teriyaki Bowl whrown rice (3/4c) & Sir if ny vegetables (1c) Vegetables Fried Rice w/stir fry vegetables (1c) Turkey & Cheese Bagel Sandwich whroccoli & carrots (1c) Chicken Pasta Primavera Salad Garlic Pesto Cheese Pasta Salad whroccoli & carrots Stick (1c)	120 140 0 0 0 0 1 1 20 0 120 40 40 40 0	2/20/2025 Breakfast Chilaquiles Bagel & Jelly Beef, Cheese & Bean (3/4c) Dip Nachos Chicken Tamal wfiesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Chinese Chicken Tortilla Wrap w/cilantro bean salad (3/4c) Cilantro Chicken Pasta Salad Caprese Sandwich w/cilantro bean salad (3/4c) Santa Fe Chicken Salad with a Wheat Dinner Roll Oatmeal Cookie (5) Beans & Peas 2/27/2025 Soyrizo Breakfast Burrito Blucherry Muffin Beef Soft Tacos w/spanish rice (1/2c) & fiesta beans & corn (3/4c) Fresco Beef Bowl w/cilantro rice (3/4c) & fiesta beans & corn (3/4c) Chesse Quesadilla uw/spanish rice (1/2c) & fiesta beans & corn (3/4c) Chesse Quesadilla uw/spanish rice (1/2c) & fiesta beans & corn (3/4c) Chesse Quesadilla uw/spanish rice (1/2c) & fiesta beans & corn (3/4c) Chesse Checken Cheddar Tortilla Wrap w/kidney bean salad (3/4c) Cilantro Chicken Pasta Salad Caprese Sandwich w/kidney bean salad (3/4c)	0 120 0 1 0 0 0 21 0 0	2/21/2025 Yogurt & Graham Crackers Chocolate Chip Muffin Hamburger w/sweet potato (3/4c) Chicken Alfredo Baked Ziti Bowl w/mixed vegetables (1c) Cheesy Alfredo Baked Ziti Bowl w/mixed vegetables (1c) BBQ Chicken Hoagie Sandwich w/carrot sticks (3/4c) Ham Magaroni Pasta Salad Parmesan Cheese Pasta Salad w/carrot sticks (3/4c) Chinese Chicken Salad with a Wheat Dinner Roll NutriGrain Bar (S) Other Veggies 2/28/2025 Mexican Concha Bagel & Jelly Sloppy Joe on a HB Bun w/glazed peas & carrots (3/4c) Bean & Cheese Burrito w/carrot sticks (1/2c) Cilantro Chicken Hoagie Sandwich w/carrot sticks (3/4c) Ham Macaroni Pasta Salad Parmesan Cheese Burst ow/carrot sticks (3/4c) Ham Macaroni Pasta Salad Parmesan Cheese Pasta Salad w/carrot sticks (3/4c)

Orders not submitted before the 5 business day deadline will receive meals selected by their client representative. Meal changes and canceletaions must be given within 5 business days. Order counts may be changed within a 2 business day notice. At least 80% of weekly grains/breads are whole grain rich. Fruits are subject to change, depending on availability of product. All breakfast, inches and suppers are served with milk and fruit. Snack is served with milk. Menu subject to change. Menu items may change due to national supply chain issues including limited food availability, staff shortage, distribution issues, inflationary prices and/or other challenges.