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## **TEACH Prep Elementary**

**GRADE: K-8** SBP/NSLP Menu

Last updated: 11/01/24 at 10:00 am Menus are not final. Menu items may change due to national supply chain issues including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges TUESDAY RED/ORANGE STARCHY DARK GREEN LEGUMES OTHER BREAKFAST Yogurt & Graham Crackers 250 250 250 Turkey Breakfast Sandwich 250 250 Lucky Charms & WG Crackers Cinnamon French Toast Egg & Cheese English Muffin HOT MEAL 250 Hamburger w/bbq baked beans (3/4c) 250 Chicken Parmesan Pasta w/sweet corn medley (3/4c) 248 Pepperoni Pizza Slice w/carrot sticks (3/4c) 250 Buffalo Chicken Mac & Cheese w/mixed vegetables (1c) **HOT VEGETARIAN** 24 Cheese Pizza Slice w/carrot sticks (3/4c) DAILY SALAD Chef Turkey & Ham Salad with a Wheat Dinner Roll 120 Oatmeal Cookie (S) 120 Strawberry Muffin (S) 120 Scooby-Doo Crackers 120 Goldfish Crackers 120 Cereal Bar (S) 11 10 12 13 14 BREAKFAST 250 Trix & WG Crackers 250 Breakfast Pizza Flatbread 250 Turkey Breakfast Sandwich 250 Coffee Cinnamon Crumble 250 Mexican Concha HOT MEAL 250 Turkey Hot Dog on a Bun w/bbq baked beans (3/4c) 250 Beef Alfredo Rosa Pasta w/sweet corn medley (3/4c) 248 Pepperoni Pizza Slice w/carrot sticks (3/4c) 250 Beef, Bean & Cheese Burrito w/carrot sticks (1/2 **HOT VEGETARIAN** 24 Cheese Pizza Slice w/carrot sticks (3/4c) **DELIVERY TIME 10:30 AM** DAILY SALAD Chef Turkey & Ham Salad with a Wheat Dinner Roll 250 120 120 120 Scooby-Doo Crackers 120 Banana Muffin (S) Oatmeal Cookie (S) Strawberry Chex Mix 120 Goldfish Pretzel 20 21 BREAKFAST 250 250 Coco Puffs & WG Crackers 250 250 Chocolate Chip Muffin Bagel & Jelly Breakfast Chilaquiles Breaded Chicken Patty on a HB Bun w/sweet corn medley HOT MEAL 250 248 Pepperoni Pizza Slice w/carrot sticks (3/4c) 250 Hamburger w/bbq baked beans (3/4c) (3/4c) **HOT VEGETARIAN** 24 Cheese Pizza Slice w/carrot sticks (3/4c) DAILY SALAD 250 Chef Turkey & Ham Salad with a Wheat Dinner Roll 120 Coffee Cinnamon Crumble (S) 120 Cereal Bar (S) 120 Oatmeal Cookie (S) 120 NutriGrain Bar (S) 24 25 26 27 28 BREAKFAST Rice Chex & WG Crackers 250 Banana Muffin 250 Cinnamon French Toast 250 250 Soyrizo Breakfast Burrito 250 Mexican Concha stern Chicken Bowl w/spanish rice (1c) & fiesta 250 250 HOT MEAL 248 Inside Out Shephards Pie w/dinner roll Pepperoni Pizza Slice w/carrot sticks (3/4c) 250 Beef, Bean & Cheese Burrito w/carrot sticks (1/2c)

Chef Turkey & Ham Salad with a Wheat Dinner Roll

Cheez-its

250

120

This institution is an equal opportunity provider.

Oatmeal Cookie (S)

SNACK

SNACK

SNACK

HOT VEGETARIAN

DAILY SALAD

SNACK

120

120 Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1/2 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)

	School Notes:
•	DELIVERY: DAILY
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Vanilla Muffin (S)

120



Cheese Pizza Slice w/carrot sticks (3/4c) **DELIVERY TIME 10:30 AM** 

Scooby-Doo Crackers

24

120





Cereal Bar (S)