

June 2024

Teach Charter HS

GRADE: 9-12
SBP/NSLP Menu
Serve w/ Milk & Fruit

Last updated: 5/25/23 at 12:45 pm

B= L= S= Menus are not final. Menu items may change due to national supply chain issues including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.

	MONDAY RED/ORANGE	TUESDAY STARCHY	WEDNESDAY LEGUMES	THURSDAY DARK GREEN	FRIDAY OTHER
BREAKFAST	3 200 String Cheese & Graham Crackers	4 200 Rice Chex & WG Crackers	5 200 Bagel With Cream Cheese	6 200 Coco Puffs & WG Crackers	7 200 Strawberry Muffin
HOT MEAL					200 Beef, Rice & Bean Burrito w/ carrot sticks (1/2c)
HOT VEGETARIAN		200 Three Cheese Mac & Cheese w/peas & carrots (1c)			
COLD PASTAS			150 Cilantro Chicken Pasta Salad		
DAILY SALAD	200 Caesar Chicken Salad with a Wheat Dinner Roll			200 Chef Turkey & Ham Salad with a Wheat Dinner Roll	
SNACK	50 Coffee Cinnamon Crumble (S)	50 Cheez-Its	50 Cereal Bar (S)	50 Oatmeal Cookie (S)	50 NutriGrain Bar (S)
BREAKFAST	10 200 Coffee Cinnamon Crumble	11 200 Sausage English Muffin	12 200 Sunbutter & Jelly Sandwich	13 200 Cinnamon Toast Crunch & WG Crackers	14
HOT MEAL		200 Beef Soft Tacos w/spanish rice (1/2c) & fiesta beans & corn (1c)		200 Orange Chicken Bowl w/brown rice (1c) & steamed broccoli & carrots (1c)	NO SCHOOL
HOT VEGETARIAN					
COLD PASTAS	200 Asian Chicken Pasta Salad		150 Greek Chicken Salad with a Wheat Dinner Roll		
DAILY SALAD			50 Chocolate Chex Mix	50 Goldfish Crackers	
SNACK	50 Scooby-Doo Crackers	50 Vanilla Muffin (S)			
	17 NO SCHOOL	18 NO SCHOOL	19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL
BREAKFAST	24 100 Coffee Cinnamon Crumble	25 100 Multi Grain Cheerios & WG Crackers	26 100 Banana Muffin	27 100 Coco Puffs & WG Crackers	28 100 Mexican Concha
HOT MEAL					
HOT VEGETARIAN					
COLD PASTAS					
DAILY SALAD					
SNACK	50 Scooby-Doo Crackers	50 Strawberry Muffin (S)	50 Cheez-its	50 Chocolate Chex Mix	50 Oatmeal Cookie (S)

This institution is an equal opportunity provider.

Breakfast fruit/ juice portions: 1 cup & Lunch fruit/ juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1% Non-fat/Non-fat Choc)

School Notes:

SEND PLATES AND T-SHIRT BAGS ONCE A WEEK

