

Please make sure your grade level group is correct on your menu and input your counts to the left of each meal you want to order. Please refer to bottom of menu for menu selection policies.

School Name: TEACH Academy of Technologies. 10045 S. Western Location

Grades: K - 8 *September 2024 Master Menu* *Last Updated: 7/15/2024*
At 9:30 am

Week 1 Options	Red & Orange 9/2/2024	Starchy 9/3/2024	Beans & Peas 9/4/2024	Dark Green 9/5/2024	Other Veggies 9/6/2024					
Labor Day	Breakfast	Yogurt & Graham Crackers	0	Soyrizo Breakfast Burrito	120	Banana Muffin	0	Cinnamon French Toast	120	Strawberry Muffin
	Breakfast	Sunbutter & Jelly Sandwich	120	Multi Grain Cheerios & WG Crackers	0	Bagel & Jelly	120	Rice Chex & WG Crackers	0	Bagel & Jelly
	Hot Meal	Breaded Chicken Patty on a HB Bun	40	Poblano Green Chicken Pasta	40	Cheeseburger Mac	40	Chicken Teriyaki Bowl w/brown rice	40	Buffalo Wings w/dinner roll
	Hot Meal	Turkey Hot Dog on a Bun	0	Chicken Parmesan Hoagie Sandwich	40	Chicken & Cheese Chilaquiles	40	Spaghetti & Meat Sauce	40	Curry Chicken Bowl w/brown rice
	Hot Vegetarian	Black Bean Burger	40	Poblano Green Cheese Pasta	0	Cheese Chilaquiles	40	Spaghetti & Cheese Marinara	40	Bean & Cheese Burrito
	Cold Meal	Ham and Cheese Panini	0	BBQ Chicken Hoagie Sandwich	0	Caesar Chicken Tortilla Wrap	0	Turkey & Cheese Bagel Sandwich	0	Cilantro Chicken Hoagie Sandwich
	Cold Pastas	Asian Chicken Pasta Salad	0	Fiesta Chicken Pasta Salad	40	Cilantro Chicken Pasta Salad	0	Chicken Pasta Primavera Salad	0	Sweet Chili Chicken Pasta Salad
	Cold Vegetarian	Chipotle Cheese Pasta Salad	0	Caprese Sandwich	1	Cajun Cheese Pasta Salad	0	Bean & Cheese Torta	1	Parmesan Cheese Pasta Salad
	Daily Salad	Caesar Chicken Salad with a Wheat Dinner Roll	40	Santa Fe Chicken Salad with a Wheat Dinner Roll	0	Greek Chicken Salad with a Wheat Dinner Roll	0	Chef Turkey & Ham Salad with a Wheat Dinner Roll	0	Chinese Chicken Salad with a Wheat Dinner Roll
	Snack NOTES F	Vanilla Muffin (S)	0	Oatmeal Cookie (S)	0	Cheez-its	0	Scoby-Doo Crackers	0	Cereal Bar (S)

Week 2 Options	Red & Orange 9/9/2024	Starchy 9/10/2024	Beans & Peas 9/11/2024	Dark Green 9/12/2024	Other Veggies 9/13/2024						
PD Day	Breakfast	120	Coffee Cinnamon Crumble	0	Sausage English Muffin	120	Chocolate Chip Muffin	0	Maple Waffle	140	Mexican Concha
	Breakfast	0	Bagel & Jelly	120	Coco Puffs & WG Crackers	0	Sunbutter & Jelly Sandwich	120	Trix & WG Crackers	0	Bagel & Jelly
	Hot Meal	40	Hawaiian Chicken w/brown rice	40	Chili Cheese Dog	40	Fresco Beef Bowl w/cilantro rice	40	Beef & Vegetable Picadillo w/cilantro rice	40	Beef, Bean & Cheese Burrito
	Hot Meal	40	BBQ Chicken on a HB Bun	40	Hamburger	0	Red Beef Enchiladas	0	Creamy Chicken Chipotle Pasta	0	Chicken Alfredo Baked Ziti Bowl
	Hot Vegetarian	40	Bean & Cheese Burrito	0	Black Bean Burger	40	Red Cheese Enchiladas	40	Creamy Chipotle Cheese Pasta	40	Cheesy Alfredo Baked Ziti Bowl
	Cold Meal	0	Roasted Pepper Chicken Hoagie Sandwich	0	Turkey & Cheese Hoagie Sandwich	0	Creamy Basil Chicken Hoagie Sandwich	0	Oriental Chicken Tortilla Wrap	0	Ham and Cheese Bagel Sandwich
	Cold Pastas	0	Asian Chicken Pasta Salad	40	Fiesta Chicken Pasta Salad	40	Cilantro Chicken Pasta Salad	40	Chicken Pasta Primavera Salad	0	Sweet Chili Chicken Pasta Salad
	Cold Vegetarian	0	Garlic Pesto Cheese Pasta Salad	1	Caprese Sandwich	0	Chipotle Cheese Pasta Salad	0	Bean & Cheese Torta	40	Marinara Cheese Pasta Salad
	Daily Salad	0	Caesar Chicken Salad with a Wheat Dinner Roll	0	Santa Fe Chicken Salad with a Wheat Dinner Roll	0	Greek Chicken Salad with a Wheat Dinner Roll	0	Chef Turkey & Ham Salad with a Wheat Dinner Roll	0	Chinese Chicken Salad with a Wheat Dinner Roll
	Snack NOTES G	0	Oatmeal Cookie (S)	0	Banana Muffin (S)	0	Goldfish Pretzel	0	Chocolate Chex Mix	0	Scoby-Doo Crackers

Week 3 Options	Red & Orange 9/16/2024	Starchy 9/17/2024	Beans & Peas 9/18/2024	Dark Green 9/19/2024	Other Veggies 9/20/2024						
PD Day	Breakfast	120	Yogurt & Graham Crackers	0	Cinnamon French Toast	120	Blueberry Muffin	0	Cheese Quesadilla	120	Banana Muffin
	Breakfast	0	Sunbutter & Jelly Sandwich	120	Lucky Charms & WG Crackers	0	Bagel & Jelly	120	Cinnamon Toast Crunch & WG Crackers	0	Bagel & Jelly
	Hot Meal	40	Hamburger	40	Chicken Parmesan Pasta	120	Beef & Cheese Nachos	40	Teriyaki Chicken Chow Mein Bowl	40	Buffalo Chicken Mac & Cheese
	Hot Meal	40	Lemon Garlic Chicken w/cilantro rice	40	Sloppy Joe on a HB Bun	0	Beef Mediterranean Bowl w/brown rice	40	Southwestern Chicken w/brown rice	0	Mongolian Chicken Bowl w/brown rice
	Hot Vegetarian	0	Black Bean Burger	40	Spaghetti & Cheese Marinara	1	Cheese Quesadilla w/spanish rice	1	Vegetable Fried Rice	40	Three Cheese Mac & Cheese
	Cold Meal	0	Ham and Cheese Bagel Sandwich	0	Cilantro Chicken Hoagie Sandwich	0	Oriental Chicken Tortilla Wrap	0	Turkey & Cheese Panini	0	BBQ Chicken Hoagie Sandwich
	Cold Pastas	40	Asian Chicken Pasta Salad	0	Fiesta Chicken Pasta Salad	0	Cilantro Chicken Pasta Salad	40	Chicken Pasta Primavera Salad	40	Sweet Chili Chicken Pasta Salad
	Cold Vegetarian	1	Parmesan Cheese Pasta Salad	0	Caprese Sandwich	1	Cajun Cheese Pasta Salad	0	Bean & Cheese Torta	1	Garlic Pesto Cheese Pasta Salad
	Daily Salad	0	Caesar Chicken Salad with a Wheat Dinner Roll	0	Santa Fe Chicken Salad with a Wheat Dinner Roll	0	Greek Chicken Salad with a Wheat Dinner Roll	0	Chef Turkey & Ham Salad with a Wheat Dinner Roll	0	Chinese Chicken Salad with a Wheat Dinner Roll
	Snack NOTES H	0	Strawberry Muffin (S)	0	Oatmeal Cookie (S)	0	Scoby-Doo Crackers	0	Goldfish Crackers	0	Cereal Bar (S)

Week 4 Options	Red & Orange 9/23/2024	Starchy 9/24/2024	Beans & Peas 9/25/2024	Dark Green 9/26/2024	Other Veggies 9/27/2024						
PD Day	Breakfast	140	Coffee Cinnamon Crumble	0	Bean & Cheese Breakfast Burrito	0	Vanilla Muffin	0	Pancakes (2)	140	Mexican Concha
	Breakfast	0	Bagel & Jelly	120	Trix & WG Crackers	0	Sunbutter & Jelly Sandwich	120	Multi Grain Cheerios & WG Crackers	0	Bagel & Jelly
	Hot Meal	40	BBQ Chicken on a HB Bun	40	Chicken Nuggets	50	Creamy Chicken Chipotle w/cilantro rice	40	Poblano Green Chicken Pasta	40	Bean & Cheese Burrito
	Hot Meal	40	Turkey Hot Dog on a Bun	0	Hamburger	0	Chicken Tamal	40	Orange Chicken Bowl w/brown rice	0	Beef Marinara Baked Ziti Bowl
	Hot Vegetarian	0	Bean & Cheese Burrito	0	Black Bean Burger	20	Cheese Quesadilla w/spanish rice	1	Poblano Green Cheese Pasta	1	Cheesy Marinara Baked Ziti Bowl
	Cold Meal	0	Turkey & Cheese Hoagie Sandwich	0	Roasted Pepper Chicken Hoagie Sandwich	0	Ham and Cheese Panini	0	Caesar Chicken Tortilla Wrap	0	Creamy Basil Chicken Hoagie Sandwich
	Cold Pastas	40	Asian Chicken Pasta Salad	40	Fiesta Chicken Pasta Salad	50	Cilantro Chicken Pasta Salad	40	Chicken Pasta Primavera Salad	40	Sweet Chili Chicken Pasta Salad
	Cold Vegetarian	1	Marinara Cheese Pasta Salad	0	Caprese Sandwich	1	Chipotle Cheese Pasta Salad	1	Bean & Cheese Torta	40	Cajun Cheese Pasta Salad
	Daily Salad	0	Caesar Chicken Salad with a Wheat Dinner Roll	40	Santa Fe Chicken Salad with a Wheat Dinner Roll	0	Greek Chicken Salad with a Wheat Dinner Roll	0	Chef Turkey & Ham Salad with a Wheat Dinner Roll	0	Chinese Chicken Salad with a Wheat Dinner Roll
	Snack NOTES I	0	Scoby-Doo Crackers	0	Banana Muffin (S)	0	Oatmeal Cookie (S)	0	Strawberry Chex Mix	0	Goldfish Pretzel

Week 5 Options	Red & Orange 9/30/2024	Starchy 10/1/2024	Beans & Peas 10/2/2024	Dark Green 10/3/2024	Other Veggies 10/4/2024						
PD Day	Breakfast	140	String Cheese & Graham Crackers	0	Breakfast Chilaquiles	120	Chocolate Chip Muffin	0	Sausage English Muffin	120	Strawberry Muffin
	Breakfast	0	Sunbutter & Jelly Sandwich	120	Rice Chex & WG Crackers	0	Bagel & Jelly	120	Coco Puffs & WG Crackers	0	Bagel & Jelly
	Hot Meal	40	Chicken Fried Rice	0	Breaded Chicken Patty on a HB Bun	120	Beef & Cheese Nachos	40	Hawaiian Chicken w/brown rice	40	Hamburger
	Hot Meal	0	Chicken Tinga Burrito	40	Beeefaroni	0	Beef Quesadilla w/spanish rice	40	Creamy Tuscan Chicken Pasta	40	Chicken Alfredo Baked Ziti Bowl
	Hot Vegetarian	0	Vegetable Fried Rice	40	Cheesaroni	1	Cheese Quesadilla w/spanish rice	40	Creamy Tuscan Cheese Pasta	0	Cheesy Alfredo Baked Ziti Bowl
	Cold Meal	0	Cilantro Chicken Hoagie Sandwich	0	Ham and Cheese Bagel Sandwich	0	Torta de Tinga	0	Turkey & Cheese Panini	40	BBQ Chicken Hoagie Sandwich
	Cold Pastas	0	Asian Chicken Pasta Salad	40	Fiesta Chicken Pasta Salad	0	Cilantro Chicken Pasta Salad	0	Chicken Pasta Primavera Salad	0	Sweet Chili Chicken Pasta Salad
	Cold Vegetarian	40	Garlic Pesto Cheese Pasta Salad	0	Caprese Sandwich	0	Marinara Cheese Pasta Salad	0	Bean & Cheese Torta	1	Parmesan Cheese Pasta Salad
	Daily Salad	40	Caesar Chicken Salad with a Wheat Dinner Roll	1	Santa Fe Chicken Salad with a Wheat Dinner Roll	1	Greek Chicken Salad with a Wheat Dinner Roll	0	Chef Turkey & Ham Salad with a Wheat Dinner Roll	0	Chinese Chicken Salad with a Wheat Dinner Roll
	Snack NOTES J	0	Coffee Cinnamon Crumble (S)	0	Cheez-its	0	Cereal Bar (S)	0	Oatmeal Cookie (S)	0	NutriGrain Bar (S)

Orders not submitted before the 5 business day deadline will receive meals selected by their client representative. Meal changes and cancellations must be given within 5 business days. Order counts may be changed within a 2 business day notice. At least 80% of weekly grains/breads are whole grain rich. Fruits are subject to change depending on availability of product. All breakfast, lunches and suppers are served with milk and fruit. Snack is served with milk. Menu subject to change. Menu items may change due to national supply chain issues including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.