

January 2025

TEACH 10000

GRADE: K-8
SBP/NSLP Menu
 Serve w/ Milk & Fruit

Last updated: 11/01/24 at 10:00 am

Menus are not final. Menu items may change due to national supply chain issues including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.

| | MONDAY RED/ORANGE | TUESDAY STARCHY | WEDNESDAY DARK GREEN | THURSDAY LEGUMES | FRIDAY OTHER |
|-----------------|---|--|--|---|---|
| | 30 | 31 | 1 | 2 | 3 |
| | WINTER BREAK | WINTER BREAK | WINTER BREAK | WINTER BREAK | WINTER BREAK |
| | 6 | 7 | 8 | 9 | 10 |
| BREAKFAST | | 120 Trix & WG Crackers | 120 Vanilla Muffin | 120 Multi Grain Cheerios & WG Crackers | 140 Mexican Concha |
| HOT MEAL | | 120 Lemon Garlic Chicken w/cilantro rice (3/4c) & mashed potatoes (3/4c) | 60 Beefaroni w/mixed vegetables (1c) | 60 Fresco Beef Bowl w/cilantro rice (3/4c) & black beans (1/2c) & corn (1/4c) | 60 Chicken Teriyaki Bowl w/brown rice (3/4c) & stir fry vegetables (1c) |
| HOT VEGETARIAN | NO SCHOOL | 1 Black Bean Burger w/mashed potatoes (3/4c) | 60 Cheesaroni w/mixed vegetables (1c) | 60 Creamy Chipotle Cheese Pasta w/black beans (1/2c) & corn (1/4c) | 60 Bean & Cheese Burrito w/carrot sticks (1/2c) |
| COLD MEAL | | | | | |
| COLD VEGETARIAN | | 1 Bean & Cheese Torta w/garden corn salad (3/4c) | 1 Caesar Chicken Tortilla Wrap w/broccoli & carrots (1/2c) | 1 Caprese Sandwich w/cilantro bean salad (3/4c) | 1 Cajun Cheese Pasta Salad w/carrot sticks (3/4c) |
| SNACK | | 90 Banana Muffin (S) | 90 Oatmeal Cookie (S) | 90 Strawberry Chex Mix | 90 Goldfish Pretzel |
| | 13 | 14 | 15 | 16 | 17 |
| BREAKFAST | 130 String Cheese & Graham Crackers | 120 Rice Chex & WG Crackers | 120 Chocolate Chip Muffin | 120 Coco Puffs & WG Crackers | 120 Strawberry Muffin |
| HOT MEAL | 120 Hamburger w/carrot sticks (3/4c) | 60 Chicken Alfredo Baked Ziti Bowl w/sweet corn medley (3/4c) | 100 Buffalo Chicken Mac & Cheese w/steamed broccoli & carrots (1c) | 140 Beef, Cheese & Bean (3/4c) Dip Nachos | |
| HOT MEAL | | 60 Orange Chicken w/brown rice (3/4c) & stir fry vegetables (1c) | | | 26 CHEESE BOXES DELIVER AT 12 PM |
| HOT VEGETARIAN | 1 Black Bean Burger w/carrot sticks (3/4c) | 1 Cheesy Alfredo Baked Ziti Bowl w/sweet corn medley (3/4c) | 1 Three Cheese Mac & Cheese w/steamed broccoli & carrots (1c) | 1 Bean Chili (3/4c) & Cheese w/dinner roll & whole kernel corn (3/4c) | 208 Cheese Pizza Slice w/carrot sticks (3/4c) |
| COLD MEAL | | | | | |
| COLD VEGETARIAN | 1 Garlic Pesto Cheese Pasta Salad w/carrot sticks (3/4c) | 1 Bean & Cheese Torta w/garden corn salad (3/4c) | 20 Marinara Cheese Pasta Salad w/broccoli & carrots (1c) | 1 Caprese Sandwich w/kidney bean salad (3/4c) | |
| SNACK | 90 Coffee Cinnamon Crumble (S) | 90 Cheez-its | 90 Cereal Bar (S) | | 90 NutriGrain Bar (S) |
| | 20 | 21 | 22 | 23 | 24 |
| BREAKFAST | | 120 Multi Grain Cheerios & WG Crackers | 120 Banana Muffin | 120 Rice Chex & WG Crackers | 140 Mexican Concha |
| HOT MEAL |  Dr. Martin Luther King Jr. Day | 60 Poblano Green Chicken Pasta w/sweet corn medley (3/4c) | 60 Beef Teriyaki Chow Mein Bowl w/stir fry vegetables (1c) | 130 Cheeseburger Mac w/bbq baked beans (3/4c) | 60 Breaded Chicken Patty on a HB Bun w/carrot sticks (3/4c) |
| HOT MEAL | | 60 BBQ Chicken Flatbread w/sweet corn medley (3/4c) | 60 Beef Marinara Baked Ziti Bowl w/green salad (1c) | | |
| HOT VEGETARIAN | | 1 Poblano Green Cheese Pasta w/sweet corn medley (3/4c) | 1 Cheesy Marinara Baked Ziti Bowl w/green salad (1c) | 1 Three Cheese Mac & Cheese w/bbq baked beans (1c) | 60 Bean & Cheese Burrito w/carrot sticks (1/2c) |
| COLD MEAL | | | | | |
| COLD VEGETARIAN | | 1 Bean & Cheese Torta w/garden corn salad (3/4c) | 1 Cajun Cheese Pasta Salad w/broccoli & carrots (1c) | 1 Caprese Sandwich w/cilantro bean salad (3/4c) | 20 Parmesan Cheese Pasta Salad w/carrot sticks (3/4c) |
| SNACK | | 90 Oatmeal Cookie (S) | 90 Cheez-its | 90 Scooby-Doo Crackers | 90 Cereal Bar (S) |
| | 27 | 28 | 29 | 30 | 31 |
| BREAKFAST | 130 String Cheese & Graham Crackers | 120 Coco Puffs & WG Crackers | 120 Chocolate Chip Muffin | 120 Trix & WG Crackers | 120 Blueberry Muffin |
| HOT MEAL | 120 BBQ Chicken on a HB Bun w/glazed peas & carrots (3/4c) | 120 Hamburger w/tater tots (3/4c) | 60 Lemon Garlic Chicken w/cilantro rice (3/4c) & mixed vegetables (1c) | 60 Fresco Beef Bowl w/cilantro rice (3/4c), black beans (1/2c) & corn (1/4c) | |
| HOT MEAL | | | 60 Creamy Chicken Chipotle Pasta w/green salad (1c) | 60 Red Beef Enchiladas w/fiesta beans & corn (3/4c) | |
| HOT VEGETARIAN | | | 1 Creamy Chipotle Cheese Pasta w/green salad (1c) | | 26 CHEESE BOXES DELIVER AT 12 PM |
| HOT VEGETARIAN | 1 Bean & Cheese Burrito w/carrot sticks (1/2c) | 1 Black Bean Burger w/tater tots (3/4c) | 48 Cheese Pizza Slice w/carrot sticks (3/4c) | 1 Red Cheese Enchiladas w/fiesta beans & corn (3/4c) | 208 Cheese Pizza Slice w/carrot sticks (3/4c) |
| COLD MEAL | | | 6 CHEESE BOXES DELIVER AT 12:30 PM | | |
| COLD VEGETARIAN | 1 Garlic Pesto Cheese Pasta Salad w/carrot sticks (3/4c) | 1 Bean & Cheese Torta w/garden corn salad (3/4c) | 1 Esquite Cheese Pasta Salad w/broccoli & carrots (1c) | 1 Caprese Sandwich w/kidney bean salad (3/4c) | |
| SNACK | 90 Oatmeal Cookie (S) | 90 Banana Muffin (S) | 90 Goldfish Pretzel | 90 Chocolate Chex Mix | 90 Scooby-Doo Crackers |

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1/2 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1% Non-fat/Non-fat Choc)

School Notes:

